

Post-Operative Instructions

John W. Cox, DDS and Your Family Dentist, PC team invite you to see a summary of post-op instructions. Call us or Text us at 828-893-0010, if you have any questions:

Denture Delivery

Following are some simple instructions for home care after your Denture delivery.

1. You will experience some discomfort with any new denture for a few days. All new dentures need several adjustments to completely and comfortably fit your mouth.
2. You should take the dentures out every night and keep them in a clean container containing water or denture cleaning solution. Your gum needs rest and to be without the dentures every day for a period of time.
3. Clean dentures thoroughly with brush and water before putting them back in your mouth.
4. It may be difficult to talk normally with the new denture for a few days. A way to practice is to read a book or newspaper out loud for a period of time everyday. Your tongue and muscles will get used to the new denture and you will talk normally very soon.

As always, we welcome your questions, comments and concerns. Should you have any please call us. We appreciate the opportunity to serve you in your dental needs.