

Post-Operative Instructions

John W. Cox, DDS and Your Family Dentist, PC team invite you to see a summary of post-op instructions. Call us or Text us at 828-893-0010, if you have any questions:

Teeth Cleaning / Deep Cleaning

Following are some simple instructions for home care after the Teeth Cleaning / Deep Cleaning.

1. You may experience some cold and heat sensitivity (especially after deep cleaning).
2. If you have received anesthesia, do not eat anything until the numbness has worn off.
3. Continue your regular brushing and flossing.
4. Some bleeding for a day or two after cleaning is normal, but if you experience any excessive bleeding call our office.

As always, we welcome your questions, comments and concerns. Should you have any please call us. We appreciate the opportunity to serve you in your dental needs.